

LUNCH MENU

• SALADS •

ORGANIC MIXED FIELD GREENS

Red Onion | Grape Tomatoes | Cucumbers | Carrots | Corn
Herb Croutons | House-Made Ranch Dressing | Low-Fat
Italian Dressing

ORGANIC SPINACH & KALE SALAD

Aged Reggiano Parmesan Cheese | Red Bell Peppers
Red Onions | Lemon & Oregano Dressing

ROASTED RED BEET SALAD

Shallots | Fresh Mint | Italian Parsley

KIDNEY BEAN, BLACK BEAN & CHICKPEA SALAD

Scallions | Italian Parsley | Cumin & Paprika Vinaigrette

GREEN BEAN SALAD

Extra Virgin Olive Oil | Mint | Toasted Garlic

BOW TIE PASTA SALAD

Scallions | English Cucumber | Roma Tomatoes | Dill &
Mustard Vinaigrette

• ENTREES •

OVEN BAKED FLOUNDER

Tomato, Shallot & Caper Sauce

HONEY & SESAME CHICKEN

Scallions | Fresno Chilies

ITALIAN BEEF MEATBALLS

Creamy Mushroom Sauce | Italian Parsley

• VEGETABLES, POTATOES & PASTA •

ROASTED BROCCOLI FLORETS

Toasted Garlic | Chili Flakes

CREAMED CORN & CHEDDAR CHEESE CASSEROLE

Green Chilies | Scallions | Fresh Cilantro

BAKED ZITI PASTA

Aged Reggiano Parmesan Cheese
Mozzarella Cheese | Spinach & Garlic Sauce

MASHED POTATOES

Idaho Potatoes | Roasted Garlic

• DESSERT BUFFET •

SEASONAL FRUIT

LEMON POUND CAKE & STRAWBERRIES

RASPBERRY MOUSSE

COCONUT VANILLA CAKE

CARROT CAKE