

Spirit of New York Lunch Menu (Monday-Sunday)

The Salads

Organic Mixed Field Greens

Smoked Bacon | Grape Tomatoes |
English Cucumbers | Carrots | Corn
American Cheddar Cheese | Herb
Croutons
House-Made Ranch Dressing |
Balsamic Vinaigrette
Low-Fat Italian Dressing

Organic Spinach & Kale Salad

Aged Reggiano Parmesan Cheese |
Red Bell Peppers | Red Onions
Lemon & Oregano Dressing

Roasted Red Beet Salad

Pickled Shallots | Fresh Mint | Italian
Parsley

Mediterranean Couscous & Chickpea Salad

Scallions | Plum Tomatoes
Cumin & Paprika Vinaigrette

The Entrées

Roasted Broccoli Florets

Toasted Garlic | Chili Flakes

Creamed Corn & Cheddar Cheese Casserole

Green Chilies | Scallions | Fresh Cilantro

Baked Ziti Pasta

Aged Reggiano Parmesan Cheese | Mozzarella
Cheese
Spinach & Garlic Sauce

Mashed Potatoes

Idaho Potatoes & Roasted Garlic

Oven Baked Atlantic Cod Filet

Tomato, Shallot & Caper Sauce

Honey & Sesame Chicken

Scallions | Fresno Chilies

Whole-Roasted Pork Loin

Dijon Mustard Cream Sauce

The Desserts

Seasonal Fruit

Lemon Pound Cake & Strawberries
Vanilla Bean Mousse & Raspberry Sauce
Red Velvet & Chocolate Chip Brownie
Caramel Apple Bread Pudding